

# join icansandiego underground

Help Spread the Word By posting Health Messages in your community.

Directions:

1. Print out the this sheet and cut out conversation balloons.
2. Use tape, thumb tacks or wheat paste to post balloons where appropriate.
3. \*Carefully select locations to share the message.

\*Always be considerate of public and private property and ask permission before posting items. Never post items on the front of stops signs or other signs or signals that could interfere with public safety.

